

# Fundraising A -Z



**A**

Abseil  
Aerobics

**B**

Boxing  
Bus pull

Bungee jump  
Baked bean bath

**C**

Cycle

Cook-a-thon  
Chocolate ban

**D**

Dance

Dress up  
Do a dare!

**E**

Eating  
competition  
Expedition

**F**

5K

Fun run  
Facepaint

**G**

Golf

Give up  
something  
you love

**H**

Hike

Head shave  
Half marathon

**I**

Ice  
bucket  
challenge

**J**

Juggle  
Jailbreak

**K**

Knit-a-  
thon

**L**

Local race  
Log throw

**M**

Mud  
assault course  
Marathon

**N**

Night walk  
No swearing

**O**

Onesie day  
Office  
dare/activity

**P**

Pledge  
Pyjama day

**Q**

Quiet time  
Quit a habit

**R**

Run  
Row-a-thon

**S**

Swim  
Sky dive  
Sleep out

**T**

10K  
Triathlon  
Three peak  
challenge

**U**

Underwear  
day (on the  
outside)

**V**

Be a  
vegetarian  
/vegan for a  
month

**W**

Wax  
Walk  
World record  
attempt

**X**

X-plain  
why your  
chosen cause  
needs money

**Y**

Yo-Yo  
competition  
Yoga day

**Z**

Zorb  
Zumbathon

Happy fundraising! [fundraise.localgiving.org](https://fundraise.localgiving.org)